

15th February 2010
Immediate

Community Garden Volunteer Days at Connah s Quay on
Thursday 11th ,Saturday 13th and Tuesday 16th March 2010

Groundwork in conjunction with Quayscapes Community Garden are running a three active volunteer days on Thursday 11th March, Saturday 13th March and Tuesday 16th March between 10 am – 2 pm .The Community Garden is situated behind Somerfield in Connah's Quay Town Centre. Everyone is welcome, young and old and no previous experience of gardening is required. Free refreshments will be provided.

We are hoping to set up an active and productive gardening club with a view to the local community growing their own fruit and vegetables to take home. It is a great opportunity to get fit, grow your own produce and save money. If you are interested in joining in, please just turn up on the day with suitable clothes and footwear for gardening .

For more information please contact Ally Bedford at Groundwork on 01978 757524.

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Note to Editor

Groundwork in North Wales is part of a federation of over 40 Groundwork Trusts in Wales, Northern Ireland and England. Each Trust is both a charity and a company limited by guarantee.

Groundwork's mission is to enable all citizens, whatever their backgrounds and circumstances, to improve the quality of their own lives, through engaging them in physical environmental activities and community dialogue. The essence of the Groundwork approach is local action, working in communities, with public, private and voluntary sector partners, to achieve practical improvements.

Groundwork in North Wales receives funding from Local Authorities, the Welsh Assembly Government and other public and private partners.

For further information contact

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